

## Diabetes Group Education Services

Diabetes Education To Assist (DETA) is now providing *Type 2 Diabetes Education Group Sessions under the EPC 'Type 2 group sessions' plan, Item No: 81100*. The group sessions are in addition to the 5 EPC visits allocated each year. Groups are run only on a needs only basis.

### What are the Diabetes Education benefits?

A type 2 diabetes education group can provide current, up-to-date knowledge and skills in making decisions about healthy lifestyle choices to help manage type 2 diabetes. These skills will help develop and implement healthy lifestyle practices which can improve mental health, well being, blood pressure, weight, diabetes blood glucose levels (BGLs) and quality of life.

### Website Services

Diabetes Education To Assist (DETA) provides website and email access. The site provides current information, DETA posters and brochure downloads, a Links and Resources section to inform you about current diabetes developments and guidelines. Information is provided for both healthcare professionals and consumers with diabetes and the general community.

Please visit: [www.detadiabetes.com.au](http://www.detadiabetes.com.au)



Where do I find DETA?  
2 locations

526 Macarthur Street,  
Ballarat, Vic 3350

Ph: 0408 394 156 (for appointments)

Fax: 03 5332 8939 (both locations)

e: [info@detadiabetes.com.au](mailto:info@detadiabetes.com.au)

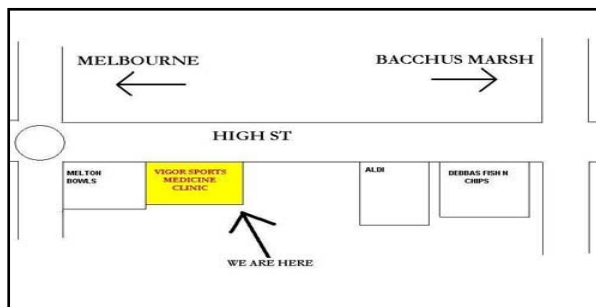
w: [www.detadiabetes.com.au](http://www.detadiabetes.com.au)



VIGOR SPORTS MEDICINE CLINIC

386 High Street,  
Melton, Vic, 3337

Appointments: 0408 394 156



Diabetes  
Education  
To  
Assist



Diabetes  
Education  
Services  
Brochure

Provided by  
Diabetes Education To  
Assist (DETA)

for Healthcare Professionals  
&  
the General Community

Sheree Jane Rennie CDE

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*Diabetes Education To Assist (DETA) aims to enhance the lives of people in the community with diabetes through providing health services to suit peoples individual health needs. DETA also facilitates educational relationships with health care professionals, health organisations and local community groups. Sheree is a Credentialed Diabetes Educator, endorsed with the Australian Diabetes Educators Association (ADEA). Sheree has a unique way of looking at and providing support for people with diabetes in the community as she also has Type 1 diabetes.*

**Diabetes Education To Assist (DETA) provides the following services, but is not limited to;**

- ◆ Children and adolescents with type 1 and 2 diabetes, Adults with type 1 diabetes, Latent Onset Diabetes in Adults (LADA) and type 2 diabetes
- ◆ Clients with Impaired Fasting Glucose (IFG) and Impaired Glucose Tolerance (IGT) (Pre Diabetes)
- ◆ Women with Gestational Diabetes Mellitus (GDM) and women with pre-existing diabetes and pregnancy
- ◆ Clients with diabetes and Polycystic Ovarian Syndrome (PCOS)
- ◆ Aged care facilities with residents with type 1 & 2 diabetes

**Additional Diabetes Services**

- ◆ Medication commencement, review and cessation services (providing a detailed medication order is sent with the client, or provided through telephone consultation, where I would require a faxed or emailed medication order within 24 hours)

- ◆ Assessing and Registering of clients for the National Diabetes Service Scheme (NDSS) and completing assessments for NDSS and eligibility for Insulin Pumps and NDSS subsidies.
- ◆ Home visits can be negotiated (*both locations*) and weekend and evening consultations can be negotiated (*Ballarat only*)

**Local Community Diabetes Services**

- ◆ Diabetes presentations and education sessions can be provided to the community and community groups

**Health Services and Businesses**

- ◆ Presentations, education sessions, development of diabetes programs, resources, policies and procedures and consultancy for health agencies and other organisations can be provided

**Appointments**

Once a referral/phone call is received, Sheree will make a suitable time and date for your appointment. *Initial* individual appointments are 30-45 minutes and *Review* appointments are 15-20 minutes. Longer consultations can be arranged.

**Clients need to bring the following to the visit;**

- ◆ Medicare, Concession, Pension, Private Health Insurance or Department of Veteran Affairs (DVA) card.
- ◆ Referral letter and EPC plan (if eligible) and copies of relevant diabetes tests or pregnancy and any other relevant test results

**DVA Services.**

DETA can provide services to clients who are part of the Department of Veterans Affairs (DVA). Referrals should be made on a **D904** DVA form completed by the clients GP. Once the referral is received an appointment will be made to carry out a diabetes assessment and ongoing reviews as needed. The **D904** form can be obtained from [www.dva.gov.au](http://www.dva.gov.au)

**Diabetes Services for Aged Care Residents**

Diabetes services can be provided to Aged Care residents via a referral for the residents GP. Aged Care diabetes assessments (**Item 731**) – multidisciplinary care plan needs to be completed (**Note:** only if the residents GP has contributed to a care plan at the residents facility).

**Enhanced Primary Care Plans (EPC)**

Patients who have a chronic condition and complex care needs such as diabetes maybe eligible for an Enhanced Primary Care (EPC) plan. An EPC plan is when your care is being managed by your GP under a; GP Management Plan - **Item 721** (or review **Item 725**); and Team Care Arrangements - **Item 723** (or review **Item 727**)

Clients with Impaired Fasting Glucose (IFG) and Impaired Glucose Tolerance (IGT) if found by GP may be eligible for EPC plan.

Aboriginal and Torres Strait islander descent with diabetes under EPC plans, when a GP has attended to a client health assessment (**Items 81300 to 81360**)

The quickest way to obtain an appointment for a client on an EPC plan is to send me the EPC plan via fax on **(03) 5332 8939**.